



## 2019 Healthy School Communities **National Forum** **Forum national** sur les écoles en santé 2019

Ottawa, ON • November 5-7 novembre 2019

### 2019 HSC Forum Full Schedule\*

\*Please note that event dates and details are subject to change.

#### Tuesday, November 5, 2019 – Novotel Hotel

1:30 pm	Registration Opens	Novotel
2:30 pm - 3:30 pm	<b>Institute</b>  <b>Using Human Centered Design Approaches to Plan Your Programming</b> Tricia Zakaria   Programs & Education Director, PHE Canada; Kelsey Fahie   Program Assistant, PHE Canada	Novotel (Aurora Room)
3:30 pm - 4:30 pm	<b>Workshop</b>  <b>Inuit Games – why do we play them and what can we learn?</b> Aalla   BTG Senior Presenter, Inuuqatigiit - A Centre for Inuit Children, Youth, and Families	Novotel (Aurora Room)
4:30 pm - 5:00 pm	Nutrition Break & Active Re-charge	Novotel
5:00 pm – 5:30 pm	Welcoming Remarks Greetings from PHE Canada	Novotel
5:30 pm - 6:15 pm	<b>Forum Opening Keynote by Kate Storey</b>  <b>Move Beyond Manualized Programming in School Communities</b> Kate Storey   Associate Professor, School of Public Health, University of Alberta	Novotel
6:30pm -	Social Event	Downtown Ottawa

#### Wednesday, November 6, 2019 – National Arts Centre

6:30 am - 7:30 am	Morning Healthy Living Session	Downtown Ottawa
8:00 am	Registration Opens	National Arts Centre
8:00 am - 9:00 am	Breakfast & Marketplace	National Arts Centre
9:00 am - 9:15 am	Welcome Ceremony	National Arts Centre – Pacific Room
9:15 am – 10:15 am	<b>Welcome Keynote by Kike Ojo-Thompson</b>	National Arts Centre – Pacific Room



2019 Healthy School Communities **National Forum**  
**Forum national** sur les écoles en santé 2019

Ottawa, ON • November 5-7 novembre 2019

	Kike Ojo-Thompson   International Speaker, Canada's leading practitioner in Diversity, Equity & Inclusion	
10:15 am – 10:30 am	Nutrition Break & Marketplace	National Arts Centre
10:30 am – 11:30 am	<p><b><u>Session A – Pacific Room</u></b></p> <p><b>Addressing Systemic Racism within the Education Work Space</b>  Rohan Thompson   Workplace Equity Manager, Peel District School Board</p> <p><b>Workplace Well-Being in K-12 Education</b>  André Rebeiz   Research Manager, EdCan Network</p> <p><b><u>Session A – Atlantic Room</u></b></p> <p><b>Online Dance Resources Supporting Equity and Inclusion in the Arts</b>  Jenna Rose   Associate Director, Strategic Initiatives, Canada's National Ballet School</p> <p><b>Active Curriculum</b>  Lynn Campanella   CEO, Playocracy Inc.</p> <p><b><u>Session A – Arctic Room</u></b></p> <p><b>Support Mental Health and Teach Resiliency</b>  Tricia Zakaria   Director of Programs &amp; Education PHE Canada</p> <p><b>Teachers of Tomorrow: Advancing Wellbeing in Pre-Service Education</b>  Kerri Murray   Director of Projects, Ever Active Schools</p>	National Arts Centre – Various rooms within the Canada Room
11: 30 am – 11:45 am	Stretch & Refreshment	National Arts Center
11:45 am – 12:30 pm	<p><b><u>Session B – Pacific Room</u></b></p> <p><b>PHE Canada and Recess Project Present a National Strategy for Recess</b>  Lauren McNamara   Education Researcher, Ashoka Fellow, Ryerson University; Director of the Recess Project  Tricia Zakaria   Director of Programs &amp; Education PHE Canada</p> <p><b><u>Session B – Atlantic Room</u></b></p>	National Arts Centre – Various rooms within the Canada Room



2019 Healthy School Communities **National Forum**  
**Forum national** sur les écoles en santé 2019

Ottawa, ON • November 5-7 novembre 2019

	<p><b>School Food Programs: Contributing to Student Wellbeing and Success</b>  Carolyn Webb   Coalition Coordinator, Coalition for Healthy School Food</p> <p><b><u>Session B – Arctic Room</u></b></p> <p><b>Risks, Challenges, Strengths, and Supports for Diverse Youth Groups in Saskatchewan</b>  Ryan Flett   Research Officer, Saskatchewan Alliance for Youth and Community Well-being</p>	
12:30 pm – 1:15 pm	Lunch	National Arts Center
1:15 pm - 2:15 pm	<p><b><u>Session C – Pacific Room</u></b></p> <p><b>CSH Teacher Education Cohort Experiences of the Interactive for Life Project</b>  Dr. Rebecca Lloyd   Associate Professor, Faculty of Education, University of Ottawa; Janna Jobel   Doctoral Student, University of Ottawa</p> <p><b>HPE Department - Staff Culture Re-Build</b>  Andrew McCutcheon   Subject Head of Health and Physical Education, Bill Crothers SS</p> <p><b><u>Session C – Atlantic Room</u></b></p> <p><b>Student Success, Health and Well-Being - on the Way to School</b>  Vicky Kyriaco   Chief Administrative Officer and General Manager, Ottawa Student Transportation Authority</p> <p><b>The Bike Rack Is the New Blue Box - the Role of Infrastructure in Behaviour Change</b>  Elyse McCann   Director of Community Sustainability Programs, EnviroCentre</p> <p><b><u>Session C – Arctic Room</u></b></p> <p><b>How Champions for Life Physical Literacy Programming Fits Within the CSH Approach</b>  David Arsenault   Founder and Executive Director, Champions for Life Foundation</p>	National Arts Centre – Various rooms within the Canada Room



## 2019 Healthy School Communities **National Forum** **Forum national** sur les écoles en santé 2019

Ottawa, ON • November 5-7 novembre 2019

	<b>Application of Self-Determination Theory on a School Team Relay Run and Its Effect on Personal Development</b> Bouffard-Levasseur   Professor, Université de Moncton, campus d'Edmundston	
2:15 pm – 2:30 pm	Snacks and stretches	National Arts Center
2:30 pm-3:30 pm	<b>Panel Discussion</b>  <b>A Cross-Canada Scan of Comprehensive School Health</b>	National Arts Center – Pacific Room
3:30 pm – 4:30 pm	<b>Session D – Pacific Room</b>  <b>From Norway to Nova Scotia: Physically Active Lessons and the Ns Active Smarter Kids Pilot</b> Britt Vegsund   Project Lead, Nova Scotia Active Smarter Kids Pilot Project, Municipality of the District of Lunenburg  <b>UpLift: Working in Partnership to Boost Health Promoting Schools in Nova Scotia</b> Margaret Kay-Arora   UpLift Project Manager, Healthy Populations Institute, Dalhousie University  <b>Session D – Atlantic Room</b>  <b>Using a Comprehensive School Health Approach in BC Schools</b> Rachel Iacoe   Comprehensive School Health Facilitator, DASH BC; Faye Willick   Executive Director, DASH BC  <b>Beyond the Binder: Why We Need to Move Beyond Traditional 'Manualized' Programming in School Communities</b> Kate Storey   Associate Professor, University of Alberta  <b>Session D – Arctic Room</b>  <b>Contributing to a Healthy School, the FitSpirit Way</b> Donna Howard   Manager of Ontario and Western Canada, Fitspirit  <b>Ideas for Action: Comprehensive School Health Approaches That Proactively Address Priority Health Topics in School Communities</b> Sarah Christie   Bilingual Projects Leader, Ophea	National Arts Centre – Various rooms within the Canada Room
4:30 pm - 5:30 pm	Marketplace and Networking Social	National Arts Center
5:30 pm - 6:30 pm	AGM (PHE Canada Members)	National Arts Center
6:30pm -	Social Event	Downtown Ottawa



## 2019 Healthy School Communities **National Forum** **Forum national** sur les écoles en santé 2019

Ottawa, ON • November 5-7 novembre 2019

### Thursday, November 7, 2019 – National Arts Centre

7:00 am	Morning Healthy Living Session	City of Ottawa
8:00 am	Registration Opens	National Arts Center
8:00 am - 8:30 am	Breakfast and Marketplace	National Arts Center
8:30 am – 8:45 am	Welcome and Day Opening Ceremonies	National Arts Center
8:45 am – 9:30 am	<b>Day Opening Keynote by Tracy Vaillancourt</b>  <b>Mental Health and Violence Prevention</b> Tracy Vaillancourt   Canada Research Chair, Children's Mental Health and Violence Prevention, University of Ottawa	National Arts Center
9:30 am - 9:45 am	Nutrition Break and Marketplace	National Arts Center
10:00 am – 11:00 am	<b>Session E – Pacific Room</b>  <b>Managing Concussions in Schools: Lessons from the Canadian Sport System</b> Peter Morrow   Knowledge Mobilization and Communications Specialist, SIRC  <b>Recess Guardians</b> Mike McDonald   CEO, Recess Guardians  <b>Session E – Atlantic Room</b>  <b>Helping Our Students Find Balance</b> Christine Preece   Mental Health and Wellbeing Lead, St. Clair Catholic District School Board, Chair of the Ontario Healthy Schools Coalition  <b>The HEALTHY Pledge Program: School Boards and Public Health Working Collaboratively to Make the Healthy Choice the Easy Choice in Schools</b> Sharon Lobo   Supervisor in School Health, Peel Public Health  <b>Institute – Arctic Room</b>  <b>Health Month: Celebrating Health Within the Whole-School Community</b> Joey Feith   Founder, ThePhysicalEducator.com	National Arts Centre – Various rooms within the Canada Room
11:15 am – 11:45 am	<b>Forum Closing Plenary</b>  <b>Canadian Alliance for Healthy Schools</b>	National Arts Center





2019 Healthy School Communities **National Forum**  
**Forum national** sur les écoles en santé 2019

Ottawa, ON • November 5-7 novembre 2019

11:45 am – 12:00 pm	Closing Remarks	National Arts Centre
12:00 pm	End of Day	National Arts Center

For session description, please visit: <https://phecanada.ca/connecting/events/2019-healthy-school-communities-national-forum/program>